

28th ALASKA BREASTFEEDING COALITION CONFERENCE ~ Shakin' it up in Alaska!

AGENDA AT-A-GLANCE

Monday, September 21, 2020

- 0815- 0830 Welcome to the Land & Opening
Tia Hale, BSN, RN
- 0830- 0930 (1) Data Movement: Breastfeeding in Alaska
(60 min.) *Kathy Perham Hester, MS, MPH*
 Sherrell Holtshouser, RN, MPH
 Regina McConkey
- 0930- 0945 BREAK
- 0945- 1100 (2) The Breastfeeding Revolution: Breastfeeding's Role in Overcoming Adversity
(75 min.) *Kathy Kendall Tackett, PhD, IBCLC, FAPA*
- 1100-1215 (3) Weighing in on Obesity and Breastfeeding
(75 min.) *Kathy Kendall Tackett, PhD, IBCLC, FAPA*
- 1215-1330 LUNCH Provided
- 1330- 1445 (4) Is Breastfeeding at Fault? A New Paradigm for Depression in New Mothers
(75 min.) *Kathy Kendall Tackett, PhD, IBCLC, FAPA*
- 1445- 1600 (5) The Disturbing Impact of Violence Against Women in the Perinatal Period
(75 min.) *Kathy Kendall Tackett, PhD, IBCLC, FAPA*
- 1600- 1615 BREAK
- 1615-1730 (6) Turmoil at Night: Nighttime Breastfeeding and Postpartum Depression/ Anxiety
(75 min.) *Kathy Kendall Tackett, PhD, IBCLC, FAPA*

Tuesday, September 22, 2020

- 0815-0915 (7) Slipping Vitamin D - Supplementation in Alaska
(60 min.) *Heidi Koslo, DNP, APRN, FNP-BC, IBCLC*
- 0915-0930 BREAK
- 0930-1045 (8) Birth Trauma: The Causes and Consequences of Childbirth-Related PTSD
(75 min.) *Kathy Kendall Tackett, PhD, IBCLC, FAPA*
- 1045-1115 Alaska Breastfeeding Coalition Rockin' Annual Meeting
- 1115- 1230 (9) What Can We Learn from the "Fed is Best" Shock?
(75 min.) *Kathy Kendall Tackett, PhD, IBCLC, FAPA*
- 1230- 1345 LUNCH
- 1345- 1500 (10) Don't Panic- Prepare: Breastfeeding in Emergencies
(75 min.) *Terriann Shell, BS, RN, IBCLC, CHES, FILCA*
 Britainy Collins, BFPC
 Emily Ingram
- 1500- 1515 BREAK
- 1515- 1630 (11) The Aftershocks: Burnout, Compassion Fatigue, and Moral Injury in Members
(75 min.) of the Perinatal Team - *Kathy Kendall Tackett, PhD, IBCLC, FAPA*
- 1630 Closing & Evaluation (*online*)